



SUMMER

Summer Holidays Homework

Class VII (2023-24)



Wishes from your teacher

Hoping your summer includes lots of family time, ice cream, swimming, laughter, and fabulous memories. We wish you all a safe and fun-filled summer!

Have a restful summer and enjoy some good books!!!

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Integrated Project on Food and Health



Kindly do the integrated project on colored sheets, subject wise and assemble them in a stick file.



Holiday Homework

English:

Write a persuasive essay on the topic “Healthy food and its impact on your Health”.

Hindi:

अपने छोटे भाई को संतुलित आहार के बारे में जानकारी देते हुए पत्र लिखे।

Maths:

Collect the packets of 5 food items and paste it on sheet. Note down the contents on the packets – carbohydrates, proteins, fats, other minerals.

Represent these nutrients through Bar graph.

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Holiday Homework

S.St:

Investigate the cultural significance of different foods and explore how food choices are influenced by factors such as Geography, history and social norms.

Science:

Make a picture of Balanced diet and write the importance of each nutrient necessary for us.

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NOTE:
Revise the
syllabus for P.T. I

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Workbook Homework

Maths:

Chapter – Fractions and Decimals

Fractions-

Worksheet 1 → Do Q1, Q2, Q3, Q4, Q5 and Q6

Worksheet 2 → Do Q1, Q2, Q3, Q4, Q5 and Q6

Decimals –

Worksheet 1 → Do Q1 (a),(b),(c); Q2 (d),(e); Q3, Q5 ,
Q6 and Q7

Worksheet 2 → Do Q1, Q2 (c),(d); Q3

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Holiday Homework

Science:

Do Chapter – 3 (Heat) in Workbook.

S.St:

Do Page No. 5, 7, 9 and 56 in Map Book.

Art:

Make Mandala Art (Page No. 51 of Flavours of Art) in Art File

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**Submit your Holiday Homework on
1st July, 2023 from 8 AM to 11 AM.**

**The School will reopen on
4th July, 2023.**



*Have a Safe
Summer Vacation
Enjoy!*

